

# PATIENT EDUCATION RESOURCE LIBRARY

To access each site:  
Via email - Click **green** hyperlink | Via mobile - Scan QR code. For best results cover nearby codes.



## KIDNEY HEALTH



**National Kidney Foundation (NKF)**  
[About Chronic Kidney Disease: A Guide for Patients](#)



**American Kidney Fund (AKF)**  
[All About Kidney Disease](#)



**American Association of Kidney Patients (AAKP)**  
[CKD/Pre-Dialysis – AAKP](#)



**National Kidney Foundation (NKF)**  
[Learn About Kidneys and Kidney Disease](#)



**Centers of Disease Control & Prevention (CDC)**  
[Take Care of Your Kidneys](#)



## DIET & NUTRITION



**American Kidney Fund (AKF)**  
[Dietary Information](#)



**American Diabetes Association (ADA)**  
[Diabetes Food Hub](#)



## QUIT SMOKING



**SmokeFree**  
[Health Effects | Smokefree](#)



## DIABETES & HYPERTENSION



**American Kidney Fund (AKF)**  
[Diabetes and Kidney Disease](#)



**American Diabetes Association (ADA)**  
[Living with Type 2 Diabetes](#)



**American Kidney Fund (AKF)**  
[Blood Pressure and Kidney Disease](#)



## EXERCISE



**American Diabetes Association (ADA)**  
[It's a great time to get moving](#)



**National Kidney Foundation (NKF)**  
[Staying Fit With Kidney Disease](#)

To learn more, please visit:



[www.renalytix.com](http://www.renalytix.com)  
[www.kidneyintelx.com](http://www.kidneyintelx.com)

KidneyIntelX